Email Instructions

For Mac Mail 10.5

- Step 1. Launch Mac Mail. To do this, click on the postage stamp icon in your dock.
- Step 2. The "Welcome to Mail" window will appear. Type in your full name, email address, and password.
 - NOTE: If you do not see the "Welcome to Mail" window, you may have to click the File menu, then Add Account.
- Step 3. Incoming mail server (POP3): Type mail.lara.on.ca
- Step 4. Now, type in the username and Password, and click Continue.
- Step 5. Confirm that Use Secure Sockets Layer (SSL) is unchecked, and Authentication is set to Password. Click Continue.

Step 6. Outgoing mail server (SMTP): Type mail.lara.on.ca (for dial-up customers) or smtp.pppoe.ca (for high speed customers).

Step 7. Confirm that Use Secure Sockets Layer (SSL) is unchecked, and Authentication is set to None. Click Continue.

Step 8. Make sure you select Take account online, and then click Create. Now the email account has been created.